Vian Community Walking/Running Group

Tuesdays and Thursdays • 6 - 7 p.m.
March 10 - April 16
Armstrong Park (Lake Vian)
Hwy. 82 North • Vian, Okla.

Join community members and encourage better health for one another with this free walking/running group! Go at your own pace. Our goal is to build up to a 5K (3.1 miles). We will provide education, water and support to all participants.

It’s fun, family-friendly and healthy! All are welcome! For safety reasons, children under age 15 must have an adult with them to participate.

FOR MORE INFO:
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