



A Run for the Berries 5K Strawberry Festival – Stilwell, OK

Saturday – May 11, 2019

Fun Run – Starts at 7:00 a.m.

5K Run-Starts at 7:30 a.m.

Race day registration and packet pick-up: **Edna M. Carson Stilwell Community Park**– 6:00
*Registration will close at 7:15am- **NO EXCEPTIONS!!**

Race will begin and parking will be at Edna M. Carson Stilwell Community Park

Timing by: TATUR Racing

- Medals to top 3 male and female standard age group in 5K and overall female & Male

T-Shirts will be handed out at the finish line once participants have crossed the finish line (Fun Run & 5K)

Early Bib pick-up will be Friday May 10th, 2019 (No T-Shirts given with packet-T-shirts only given at the end of Fun Run & 5K).

Early Bib Pick-up will be 10am-3pm at Wilma Mankiller Clinic-Main Lobby

Contact information: Charlie Stilwell office (918) 696-8875cell (918) 316-2396 charles-stilwell@cherokee.org or
Tresa Eagle office (918) (918) 797-2713 tresa-eagle@cherokee.org

Online registration link: <https://runsignup.com/runfortheberries> Coupon Code: Berries

USATF Sanctioned Event & Certified Course

Pre-Registration \$15.00	Race Day \$20.00
Deadline: May 1st, 2019	Flat & Fast Course

Mail race entry form to: Cherokee Nation Wings Program, P.O. Box 948, Tahlequah, OK 74465

Make checks payable to: **Stilwell Kiwanis**

Name _____ Age on Race Day _____ DOB _____ Sex _____

Address _____ City _____ State _____ Zip _____

Phone _____ Are you a Wings member? _____

Event (circle one) **5K Run** **1K Fun Run** **Wings Deadline: Wednesday, May 1st, 2019 (Fax: 918-458-6224)**

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I assume any and all risks associated with running this event including, but not limited to falls, contact with other participants, the effects of weather and the conditions of the roads, and all such risks being known and appreciated to me. Furthermore, I understand that I may be running in traffic; and I agree to yield to all emergency vehicles. I am fully aware that baby strollers and wheels of any kind (except competitive wheelchairs), animals and headphones are strictly prohibited and I agree not to have them on the course. Furthermore, I agree not to go back on to the course after finishing. I am fully aware that it is a fraudulent act to switch race numbers with anyone or allow anyone other than myself to wear my race number and I agree not to do this. Knowing these facts, and in consideration of your accepting my entry, I hereby for myself, my heirs, executors, administrators, or anyone else who might claim on my behalf, covenant not to sue, and waive and release and discharge any and all race sponsors, officials, volunteers, local and state police including any and all of their agents, employees, assignees, or anyone acting on or for their behalf from any and all claims or liability for death, personal injury, or property damage of any kind or nature whatsoever arising out of or in the course of my participation in this event whether same be caused by negligence of fault. This release and waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. The undersigned grants permission to sponsors and/or agents authorized by them to use any photos, videotapes, motion pictures, or any other record of this event for any purpose. Refunds will not be given in the event of registered participant no-shows. Signature is required to participate. Minors accepted only with a parent or guardian signature.

Signature: _____ Date: _____

Parent or Guardian Signature: _____ Date: _____

