



Big Red Splash and Dash

Three Forks Harbor - Muskogee, Ok

Proceeds benefiting: Hilldale Education Foundation

Saturday – July 28, 2018

Swim – Starts at 7:00 a.m.

5K – Starts at 7:00 a.m.

1K Fun Run – Starts at 7:15 a.m.

Race day registration and packet pick-up: Friday, July, 27 from 5-7pm @ Three Forks Harbor and Saturday, July, 28 from 5:45-6:45am @ Three Forks Harbor

Timing by: TATUR Racing

Medals to top 3 male/female standard age group in Splash and Dash
 Medals to top 3 male/female standard age group in 5K
First 500 to show up on race day will receive a t-shirt

Contact information: Ben Buckskin 918.781.6521 or ben-buckskin@cherokee.org
USATF Sanctioned and Certified Course

5K- Pre-Registration \$25.00	5K Race Day \$30.00
1K-Pre Registration \$15.00	1K Race Day \$20.00
Splash and Dash Pre-Registration \$35.00	Splash and Dash Race Day \$45.00

Mail race entry form to: Cherokee Nation Wings Program, P.O. Box 948, Tahlequah, OK 74465

Make checks payable to: **Hilldale Education Foundation**

Online registration is: <https://runsignup.com/bigredsplashanddash> Coupon code for Wings members only: **splash**

Name _____ Age on Race Day _____ DOB _____ Sex _____

Address _____ City _____ State _____ Zip _____

Phone _____ Are you a Wings member? _____

Event (circle one) Splash and Dash 5K Run 1K Fun Run Wings Deadline: Wednesday, July 18, 2018 - Fax (918-458-6224)

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I assume any and all risks associated with running this event including, but not limited to falls, contact with other participants, the effects of weather and the conditions of the roads, and all such risks being known and appreciated to me. Furthermore, I understand that I may be running in traffic; and I agree to yield to all emergency vehicles. I am fully aware that baby strollers and wheels of any kind (except competitive wheelchairs), animals and headphones are strictly prohibited and I agree not to have them on the course. Furthermore, I agree not to go back on to the course after finishing. I am fully aware that it is a fraudulent act to switch race numbers with anyone or allow anyone other than myself to wear my race number and I agree not to do this. Knowing these facts, and in consideration of your accepting my entry, I hereby for myself, my heirs, executors, administrators, or anyone else who might claim on my behalf, covenant not to sue, and waive and release and discharge any and all race sponsors, officials, volunteers, local and state police including any and all of their agents, employees, assignees, or anyone acting on or for their behalf from any and all claims or liability for death, personal injury, or property damage of any kind or nature whatsoever arising out of or in the course of my participation in this event whether same be caused by negligence or fault. This release and waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. The undersigned grants permission to sponsors and/or agents authorized by them to use any photos, videotapes, motion pictures, or any other record of this event for any purpose. Refunds will not be given in the event of registered participant no-shows. Signature is required to participate. Minors accepted only with a parent or guardian signature.

Signature: _____ Date: _____

Parent or Guardian Signature: _____ Date: _____