

GWJ9 DBF
CHEROKEE NATION®



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Beat the Heat 5K – Salina, OK

Saturday – June 9th, 2018

Fun Run 7:30 pm Start – 5K 8:00pm Start

This is a NIGHT RUN!!!

Race will begin/end at AMO Salina Clinic, 900 N. Owen Walters Blvd.
Adjacent to Salina High School & Football Field

- USATF Sanctioned Event and Certified Course
- Medals to top 3 male/female standard age group in 5K
- First 450 to show up on race day will receive a commemorative t-shirt

Race day registration and packet pick-up: AMO Salina Clinic – 6:00 P.M.

5K- Pre Registration \$20.00	5K -Race Day \$25.00
Fun Run-Pre Registration \$15.00	Fun Run-Race Day \$20.00

Contact information: Ron Neal (918)316-5418 or ronnie-neal@cherokee.org

Timed by: **TATUR Racing**

Mail race entry form to: Cherokee Nation Wings Program, P.O. Box 948, Tahlequah, OK 74465

Proceeds benefiting: Mayes County HOPE Coalition **Make checks payable to: Mayes County HOPE Coalition**

ONLINE REGISTRATION: <https://runsignup.com/beattheheat>

ONLINE COUPON CODE for Wings members only is: **beattheheat**

Name _____ Age on Race Day _____ DOB _____ Sex _____

Address _____ City _____ State _____ Zip _____

Phone _____ Are you a Wings member? _____

Event (circle one) 5K Run 1K Fun Run

Wings Deadline: **Wednesday, May 30th, 2018 - Fax (918-458-6224)**

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I assume any and all risks associated with running this event including, but not limited to falls, contact with other participants, the effects of weather and the conditions of the roads, and all such risks being known and appreciated to me. Furthermore, I understand that I may be running in traffic; and I agree to yield to all emergency vehicles. Furthermore, I agree not to go back on to the course after finishing. I am fully aware that strollers are allowed with the exception that users be located at the back of the running group at starting line and will remain as close to the curb as possible during the race as to not hinder any other participant. I am fully aware that animals are strictly prohibited and I agree not to have them on the course. I am fully aware that it is a fraudulent act to switch race numbers with anyone or allow anyone other than myself to wear my race number and I agree not to do this. Knowing these facts, and in consideration of your accepting my entry, I hereby for myself, my heirs, executors, administrators, or anyone else who might claim on my behalf, covenant not to sue, and waive and release and discharge any and all race sponsors, officials, volunteers, local and state police including any and all of their agents, employees, assignees, or anyone acting on or for their behalf from any and all claims or liability for death, personal injury, or property damage of any kind or nature whatsoever arising out of or in the course of my participation in this event whether same be caused by negligence of fault. This release and waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. The undersigned grants permission to sponsors and/or agents authorized by them to use any photos, videotapes, motion pictures, or any other record of this event for any purpose. Refunds will not be given in the event of registered participant no-shows. Signature is required to participate. Minors accepted only with a parent or guardian signature.

Signature: _____ Date: _____

Parent or Guardian Signature: _____ Date: _____